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PATIENT INSTRUCTIONS FOR MANAGEMENT OF POSTOPERATIVE CALCIUM AND CALCITRIOL SUPPLEMENTATION

These instructions apply to patients who have undergone either of the following procedures:

- Total Thyroidectomy
- Completion Thyroidectomy
- Parathyroidectomy

Upon discharge from hospital, you will have received the following:

- One bottle of Caltrate tablets
- Script for Calcitriol/bottle of Calcitriol tablets

You may develop the following symptoms after your surgery:

- Tingling of lips
- Tingling of fingers or toes
- Cramping of hands and legs

If there are any of these symptoms, you need to take 2 Caltrate tablets every hour until symptoms resolve.

If symptoms worsen despite taking the Calcium and Calcitriol tablets, you will need to attend your nearest emergency department for urgent attention.

Caltrate - 600mg tablets
Calcitriol - 0.25mcg tablets